



April 2024

12:12:35 PM
 Tuesday, March 19, 2024
 K-8 1

11336 /

West Village Academy Breakfast

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| 1 * Closed * | 2 Oatmeal Round WG (38) Applesauce Cup 1/2 c (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 3 Cereal WG Goldfish Grahams WG (19) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 4 Mini Cini -(Cold)WG (40) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 5 Muffin 2g-WG (31) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) |
| 8 Breakfast Bread Slice WG IW (15) Applesauce Cup 4.5 oz (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 9 Soft Filled Bread WG (41) Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 10 Cereal WG Goldfish Grahams WG (19) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 11 Bagel w/Cream Cheese (34) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 12 Benefit Breakfast Bar WG (48) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) |
| 15 Snack n Waffle WG (41) Applesauce Cup 4.5 oz (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 16 Crunch Bar - WG Variety Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 17 Cereal WG Goldfish Grahams WG (19) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 18 Oatmeal Round WG (38) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 19 Muffin 2g-WG (31) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) |
| 22 Bagels Mini, Strawberry WG (41) Applesauce Cup 4.5 oz (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 23 Granola 1 oz (20) Yogurt 4 oz. (19) Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 24 Cereal Bar WG (30) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 25 Waffle, Belguim WG Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 26 Benefit Breakfast Bar WG (48) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) |
| 29 Cereal Bar WG (30) Applesauce Cup 4.5 oz (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | 30 Crunch Bar - WG Variety Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) | | | |

**Carb Counts
 included in
 parenthesis ()
 for each item**

* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data

Milk Carbs:
 Fat Free White Milk 1/2 Pint (Purple)(12)
 Fat Free Chocolate Milk 1/2 Pint (Brown)(23)

Halal Meals:
The main entrée is also served Halal. For menus that do not Have a halal equivalent there will be a different **Halal entrée'.**

*(V) indicates a vegetarian entree

This institution is an equal opportunity provider.