



January 2024

10:54:24 AM
 Monday, January 8, 2024
 K-8 1

West Village Academy Lunch

11279 /

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 * Closed *	2 * Closed *	3 * Closed *	4 * Closed *	5 * Closed *
8 Grilled Cheese Sandwich (V) (37) Dill Pickle Spear IW (2) Vegetable Juice 4oz (13) (13) Fresh Fruit (22) Chef Treat WG 1gr (12) Milk Choice 8oz (13-20) &	9 Nachos 2.6 w/Shr Chez (26) Salsa Cup 3oz IW (6) (4) Mexican Style Beans 1/2 c (21) Tortilla Chips (1.25Br)WG (19) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	10 Turkey & Gravy 4 oz (3) Brown Rice WG 1/2 c Vegetable Juice 4oz (13) (13) Fresh Fruit (22) Milk Choice 8oz (13-20)	11 Chicken Patty w/Chz WG bun (42) Diced Potatoes 3/4 c (24) Dill Pickle Chips(10) 1/2c Fresh Fruit (22) Chef Treat WG 1gr (12) Milk Choice 8oz (13-20)	12 * Closed *
15 *Martin Luther King Day*	16 Asian Chicken 3.6 oz (13) Brown Rice WG 1/2 c Carrots 3/4 cup IW (12) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	17 Taco Stick WG (32) Salsa Cup 3oz IW (6) (4) Mexican Style Beans 1/2 c (21) Applesauce Cup 4.5 oz (22) Tortilla Chips (1.25Br)WG (19) Milk Choice 8oz (13-20)	18 Roast Beef & Cheddar/Bun (25) Dill Pickle Chips(10) 1/2c Carrots 1/2 c in tray Goldfish Grahams WG (19) Juice 100%- 4oz (15) Milk Choice 8oz (13-20) ^	19 Cheese Pizza WG (V) (32) Carrots 3/4 cup IW (12) Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)
22 Hot Dog on WG Bun (20) Baked Beans 1/2 c (22) Vegetable Juice 4oz (13) (13) Orange (21) Milk Choice 8oz (13-20)	23 Meat Ball Sub (4)(24) Green Beans 1/2 c (5) Vegetable Juice 4oz (13) (13) Fresh Fruit (22) Milk Choice 8oz (13-20)	24 Chicken Tenders (14)(2) Potato Wedge 3/4 c w/ketchup (25) Betty Crocker Oat Bar WG (23) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	25 Chef Salad w/chicken & Chz Potato Salad 3/4 c (24) Chilled Fruit 1/2 c Dinner Roll WG on the side (16) Milk Choice 8oz (13-20) ^	26 Cheese Pizza WG (V) (32) Rom. & Spinach Salad 1 c (11) Vegetable Juice 4oz (13) (13) Fresh Fruit (22) Milk Choice 8oz (13-20)
29 Chicken Pot Pie 6 oz Biscuit WG (34) Vegetable Juice 4oz (13) (13) Goldfish Grahams WG (19) Fresh Fruit (22) Milk Choice 8oz (13-20)	30 Nachos 2.6 w/Shr Chez (26) Salsa Cup 3oz IW (6) (4) Mexican Style Beans 1/2 c (21) Tortilla Chips (1.25Br)WG (19) Fresh Fruit Mix (20) Milk Choice 8oz (13-20)	31 Chicken Patty w/Chz WG bun (42) Diced Potatoes 3/4 c (24) Fritos Fun Size (12) Orange (21) Milk Choice 8oz (13-20)		

Carb Counts
 included in
 parenthesis ()
 for each item

* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data

Milk Carbs:

Fat Free White Milk 1/2 Pint (Purple)(12)

Fat Free Chocolate Milk 1/2 Pint (Brown)(23)

1% White Milk 1/2 Pint (Green)(12)

Halal Meals:

The main entrée is also served Halal. For menus that do not have a halal equivalent there will be a different

Halal entrée'.

*(V) indicates a vegetarian entrée

This institution is an equal opportunity provider.