



# January 2024

10:54:51 AM  
 Monday, January 8, 2024  
 K-8 1

## West Village Academy Breakfast

11265 /

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> * Closed *	<b>2</b> * Closed *	<b>3</b> * Closed *	<b>4</b> * Closed *	<b>5</b> * Closed *
<b>8</b> Crunch Bar - WG Variety Applesauce Cup 4.5 oz (22) Juice 100%- 4oz (15) Milk, shelf stable 8 oz (20) Milk Choice 8oz (13-20)	<b>9</b> Snack n Waffle WG (41) Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	<b>10</b> Cereal WG Goldfish Grahams WG (19) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	<b>11</b> Soft Filled Bread WG (41) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	<b>12</b> * Closed *
<b>15</b> *Martin Luther King Day*	<b>16</b> Mini Cini -(Cold)WG (40) Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	<b>17</b> Cereal WG Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	<b>18</b> Bagel w/Cream Cheese (34) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	<b>19</b> Benefit Breakfast Bar WG (48) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)
<b>22</b> Waffle, Belgium WG Applesauce Cup 4.5 oz (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	<b>23</b> Crunch Bar - WG Variety Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	<b>24</b> Cereal WG Goldfish Grahams WG (19) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	<b>25</b> Oatmeal Round WG (38) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	<b>26</b> Muffin 2g-WG (31) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)
<b>29</b> Bagel WG IW (29) Cream Cheese (1) Applesauce Cup 4.5 oz (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	<b>30</b> Granola 1 oz (20) Yogurt 4oz- Trix (15) Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)	<b>31</b> Cereal WG Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz (13-20)		

Carb Counts  
 included in  
 parenthesis ( )  
 for each item

\* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data

Milk Carbs:  
 Fat Free White Milk 1/2 Pint (Purple)(12)  
 Fat Free Chocolate Milk 1/2 Pint (Brown)(23)

**Halal Meals:**  
 The main entrée is also served Halal. For menus that do not have a halal equivalent there will be a different 'Halal entrée'.

\*(V) indicates a vegetarian entree

This institution is an equal opportunity provider.