



# April Lunch Program

# 2021

10:17:04 AM  
Friday, March 26, 2021

10305 /

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Buffalo Chicken Salad 3oz Carrot Coins 1/2 c (9) Pineapple Tidbits 4 oz (20) Dinner Roll WG IW (16) Milk Choice 8oz =	<b>2</b> Nachos 2oz w/Chez Sauce Nacho Chips 1.5 oz WG IW Mexican Style Beans 1/2 c (21) Corn 1/2 c (16) Milk Choice 8oz =
<b>5</b> Egg Patty (1) Waffles WG Tater Tots 1/2 c (11) Fruit & Oat Cobbler Milk Choice 8oz =	<b>6</b> Meatballs in Sauce Mashed Potatoes & Gravy 1/2c Corn 1/2 c (16) Dinner Roll WG IW (16) Milk Choice 8oz =	<b>7</b> Hot Dog on WG Bun (20) Tater Tots 1/2 c (11) Baked Beans 1/2 c (22) Juice 100%- 4oz (15) Milk Choice 8oz =	<b>8</b> Grilled Cheese Sandwich (V) (37) Dill Pickle Spear IW (2) Apple Slices 1pkg 1/2c (7) Goldfish Crackers WG (28) Milk Choice 8oz &	<b>9</b> Chicken Patty w/Chz WG bun (42) Diced Potatoes 1/2 c (15) Mixed Veggies 1/2 c (12) Milk Choice 8oz =
<b>12</b> Pull Apart - Queso Apple Slices 1pkg 1/2c (7) Vegetable Juice 4oz (13) Goldfish Grahams WG (19) Milk Choice 8oz =	<b>13</b> Cheeseburger on WG Bun (33) Tater Tots 1/2 c (11) Green Beans 1/2 c (5) Milk Choice 8oz =	<b>14</b> Galaxy Pizza IW WG Marinara Cup 3 oz Grahams Minis WG (24) Juice 100%- 4oz (15) Milk Choice 8oz	<b>15</b> Lasagna w/marinara WG (V) (28) Carrots Cooked 1/2 C Green Beans & Carrots 1/2c Milk Choice 8oz =	<b>16</b> Nachos 2oz w/Chez Sauce Nacho Chips 1.5 oz WG IW Mexican Style Beans 1/2 c (21) Corn 1/2 c (16) Milk Choice 8oz =
<b>19</b> Waffles WG Tater Tots 1/2 c (11) Turkey Sausage (1ea) (1) Fruit & Oat Cobbler Milk Choice 8oz =	<b>20</b> Turkey & Cheese on WG Bun (22) Carrot Coins 1/2 c (9) Fresh Fruit (22) Cheez -its WG (14) Milk Choice 8oz &	<b>21</b> Ez-Jammer Sandwich WG Cheese Stick 1 oz (1) Vegetable Juice 4oz (13) Fresh Fruit (22) Graham Crackers 1pkg (11) Milk Choice 8oz &	<b>22</b> Mini Burgers (2) IW Carrot Coins 1/2 c (9) Chef Treat WG 1gr Juice 100%- 4oz (15) Milk Choice 8oz &	<b>23</b> Hot Dog on WG Bun (20) Chili w/Beans 5.83wt Corn 1/2 c (16) Milk Choice 8oz =
<b>26</b> Turkey & Cheese on WG Bun (22) Carrot Coins 1/2 c (9) Grahams Minis WG (24) Juice 100%- 4oz (15) Milk Choice 8oz &	<b>27</b> Cheeseburger on WG Bun (33) Tater Tots 1/2 c (11) Corn 1/2 c (16) Milk Choice 8oz =	<b>28</b> Pizza Sticks, Bambino WG IW Carrot Coins 1/2 c (9) Fresh Fruit (22) Goldfish Crackers WG (28) Milk Choice 8oz &	<b>29</b> Chicken Patty w/Chz WG bun (42) Diced Potatoes 1/2 c (15) Mixed Veggies 1/2 c (12) Milk Choice 8oz =	<b>30</b> Waffles WG Diced Potatoes 1/2 c (15) Turkey Sausage (1ea) (1) Fruit & Oat Cobbler Milk Choice 8oz

Carb Counts  
included in  
parenthesis ( )  
for each item

\* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data

Milk Carbs:  
Fat Free White Milk 1/2 Pint (Purple)(12)  
Fat Free Chocolate Milk 1/2 Pint (Brown)(23)

\*(V) indicates a vegetarian entree

This institution is an equal opportunity provider.