



# April

# 2021

10:16:38 AM  
Friday, March 26, 2021

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## Breakfast Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Soft Filled Bread WG Banana 1 ea (34) Milk Choice 8oz	<b>2</b> Cereal Bar WG (30) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz
<b>5</b> Pillsbury Apple Frudel WG (36) Applesauce Milk Choice 8oz	<b>6</b> Applestick WG Juice 100%- 4oz (15) Milk Choice 8oz	<b>7</b> Jump Start Breakfast Kit (24) Milk Choice 8oz	<b>8</b> Quaker Breakfast Rounds WG Banana 1 ea (34) Milk Choice 8oz	<b>9</b> Breakfast Bread Slice WG IW (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz
<b>12</b> Breakfast Grains - Cinnabar Applesauce Cup 1/2 c (22) Milk Choice 8oz	<b>13</b> Muffin 2g-WG Juice 100%- 4oz (15) Milk Choice 8oz	<b>14</b> Jump Start Breakfast Kit (24) Milk Choice 8oz	<b>15</b> Soft Filled Bread WG Banana 1 ea (34) Milk Choice 8oz	<b>16</b> Snack n Waffle WG (41) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz
<b>19</b> Cinn. Glaze Pancakes(Cold) (35) Applesauce Cup 1/2 c (22) Milk Choice 8oz	<b>20</b> Crunch Bar - WG Variety Juice 100%- 4oz (15) Milk Choice 8oz	<b>21</b> Jump Start Breakfast Kit (24) Milk Choice 8oz	<b>22</b> Quaker Breakfast Rounds WG Banana 1 ea (34) Milk Choice 8oz	<b>23</b> Breakfast WholeGrain-Guava Apple Slices 1pkg 1/2c (7) Milk Choice 8oz
<b>26</b> Benefit Breakfast Bar WG (48) Applesauce Cup 1/2 c (22) Milk Choice 8oz	<b>27</b> Breakfast Grains -Raspberry Juice 100%- 4oz (15) Milk Choice 8oz	<b>28</b> Jump Start Breakfast Kit (24) Milk Choice 8oz	<b>29</b> Soft Filled Bread WG Banana 1 ea (34) Milk Choice 8oz	<b>30</b> Snack n Waffle WG (41) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz

Carb Counts  
included in  
parenthesis ( )  
for each item

\* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data

**Milk Carbs:**

Fat Free White Milk 1/2 Pint (Purple)(12)  
Fat Free Chocolate Milk 1/2 Pint (Brown)(23)

\*(V) indicates a vegetarian entree

This institution is an equal opportunity provider.