



March 2021

10:55:50 AM
Thursday, February 25, 2021

Lunch Program

10304 /

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Turkey & Cheese on WG Bun (22) Carrot Coins 1/2 c (9) Grahams Minis WG (24) Juice 100%- 4oz (15) Milk Choice 8oz &	2 Cheeseburger on WG Bun (33) Tater Tots 1/2 c (11) Corn 1/2 c (16) Milk Choice 8oz =	3 Pizza Sticks, Bambino WG IW Carrot Coins 1/2 c (9) Fresh Fruit (22) Goldfish Crackers WG (28) Milk Choice 8oz &	4 Chicken Patty w/Chz WG bun (42) Diced Potatoes 1/2 c (15) Mixed Veggies 1/2 c (12) Milk Choice 8oz =	5 Waffles WG Diced Potatoes 1/2 c (15) Turkey Sausage (1ea) (1) Fruit & Oat Cobbler Milk Choice 8oz
8 Vanilla Waffers (19) Chicken Nuggets 3oz Tater Tots 1/2 c (11) Mixed Veggies 1/2 c (12) Milk Choice 8oz =	9 Galaxy Pizza IW WG Marinara Cup 3 oz Grahams Minis WG (24) Fresh Fruit (22) Milk Choice 8oz &	10 Turkey & Cheese on WG Bun (22) Carrot Coins 1/2 c (9) Fresh Fruit (22) Cheez -its WG (14) Milk Choice 8oz &	11 Grilled Cheese Sandwich (V) (37) Dill Pickle Spear IW (2) Apple Slices 1pkg 1/2c (7) Goldfish Crackers WG (28) Milk Choice 8oz &	12 Hot Dog on WG Bun (20) Tater Tots 1/2 c (11) Baked Beans 1/2 c (22) Milk Choice 8oz =
15 Egg Patty (1) English Muffin WG (24) Tater Tots 1/2 c (11) Cheese Slice(American) Juice 100%- 4oz (15) Milk Choice 8oz	16 Lasagna w/marinara WG (V) (28) Green Beans 1/2 c (5) Carrots Cooked 1/2 C Milk Choice 8oz =	17 Bagel WG IW (29) Granola 1 oz (20) Sun Butter 1oz Vegetable Juice 4oz (13) Yogurt 4oz- Trix (15) Fresh Fruit (22) Milk Choice 8oz &	18 Orange Chicken 3.6 oz Brown Rice WG 1/2 c Mixed Veggies 1/2 c (12) Fortune Cookie (8) Juice 100%- 4oz (15) Milk Choice 8oz =	19 Chicken Salad 3oz. Carrot Coins 1/2 c (9) Goldfish Grahams WG (19) Mandarin Oranges 1/2 c (13) Dinner Roll WG IW (16) Milk Choice 8oz =
22 Meatballs in Sauce over pasta WG 4oz. Green Beans 1/2 c (5) Corn 1/2 c (16) Milk Choice 8oz =	23 Cheeseburger on WG Bun (33) Tater Tots 1/2 c (11) Mixed Veggies 1/2 c (12) Milk Choice 8oz =	24 Mini Blueberry Pancakes WG Cheese Stick 1 oz (1) Vegetable Juice 4oz (13) Yogurt 4oz- Trix (15) Fresh Fruit (22) Milk Choice 8oz &	25 Chicken Patty w/Chz WG bun (42) Diced Potatoes 1/2 c (15) Chef Choice Vegetable Milk Choice 8oz =	26 Turkey & Cheese on WG Bun (22) Carrot Coins 1/2 c (9) Cheez -its WG (14) Juice 100%- 4oz (15) Milk Choice 8oz &
29 Chicken Tenders (3) (16) Tater Tots 1/2 c (11) Mixed Veggies 1/2 c (12) Baked Beans 1/2 c (22) Milk Choice 8oz =	30 Diced Potatoes 1/2 c (15) Hamburger Bun WG Corn 1/2 c (16) Milk Choice 8oz =	31 Turkey & Cheese on WG Bun (22) Carrot Coins 1/2 c (9) Goldfish Grahams WG (19) Juice 100%- 4oz (15) Milk Choice 8oz &		

Carb Counts
included in
parenthesis ()
for each item

* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data

Milk Carbs:
Fat Free White Milk 1/2 Pint (Purple)(12)
Fat Free Chocolate Milk 1/2 Pint (Brown)(23)

*(V) indicates a vegetarian entree

This institution is an equal opportunity provider.