



EDIBLES REX
Your Catering Company

February

2021

2:02:12 PM
Wednesday, January 27, 2021

10279 /

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 Vanilla Wafers (19) Chicken Nuggets 3oz Tater Tots 1/2 c (11) Mixed Veggies 1/2 c (12) Milk Choice 8oz =</p>	<p>2 Sloppy Joe with Diced Potatoes 1/2 c (15) Cheese Slice(American) Corn 1/2 c (16) Dinner Roll WG IW (16) Milk Choice 8oz =</p>	<p>3 Turkey & Cheese on WG Bun (22) Vegetable Juice 4oz (13) Applesauce Cup 1/2 c (22) Goldfish Crackers WG (28) Milk Choice 8oz &</p>	<p>4 Buffalo Chicken Salad 3oz Carrot Coins 1/2 c (9) Pineapple Tidbits 4 oz (20) Dinner Roll WG IW (16) Milk Choice 8oz =</p>	<p>5 Nachos 2oz w/Chez Sauce Refried Beans & Cheese 1/2c (80) Corn 1/2 c (16) Nacho Chips 1.5 oz WG (20) Milk Choice 8oz =</p>
<p>8 Egg Patty (1) English Muffin WG (24) Tater Tots 1/2 c (11) Cheese Slice(American) Juice 100%- 4oz (15) Milk Choice 8oz =</p>	<p>9 Meatballs in Sauce Mashed Potatoes & Gravy 1/2c Green Beans 3/4 C Dinner Roll WG IW (16) Milk Choice 8oz =</p>	<p>10 Breakfast Bread Slice WG IW (15) Cheese Stick 1 oz (1) Vegetable Juice 4oz (13) Yogurt 4oz- Trix (15) Applesauce Cup 1/2 c (22) Milk Choice 8oz &</p>	<p>11 Grilled Cheese Sandwich (V) (37) Dill Pickle Spear IW (2) Apple Slices 1pkg 1/2c (7) Goldfish Crackers WG (28) Milk Choice 8oz &</p>	<p>12 Chicken Patty w/Chz WG bun (42) Diced Potatoes 1/2 c (15) Mixed Veggies 1/2 c (12) Milk Choice 8oz =</p>
<p>15 Pull Apart - Queso Apple Slices 1pkg 1/2c (7) Vegetable Juice 4oz (13) Goldfish Grahams WG (19) Milk Choice 8oz &</p>	<p>16 Cheeseburger on WG Bun (33) Tater Tots 1/2 c (11) Mixed Veggies 1/2 c (12) Milk Choice 8oz =</p>	<p>17 Galaxy Pizza IW WG Carrot Coins 1/2 c (9) Marinara Cup 3 oz Grahams Minis WG (24) Fresh Fruit (22) Milk Choice 8oz &</p>	<p>18 Lasagna w/marinara WG (V) (28) Green Beans 1/2 c (5) Carrots Cooked 1/2 C Milk Choice 8oz =</p>	<p>19 Nachos 2oz w/Chez Sauce Mexican Style Beans 1/2 c (21) Corn 1/2 c (16) Nacho Chips 1.5 oz WG (20) Milk Choice 8oz =</p>
<p>22 Waffles WG Tater Tots 1/2 c (11) Turkey Sausage (1ea) (1) Fruit & Oat Cobbler Milk Choice 8oz =</p>	<p>23 Turkey & Cheese on WG Bun (22) Carrot Coins 1/2 c (9) Fresh Fruit (22) Cheez -its WG (14) Milk Choice 8oz &</p>	<p>24 Bagel WG IW (29) Sun Butter 1oz Granola 1 oz (20) Vegetable Juice 4oz (13) Yogurt 4oz- Trix (15) Fresh Fruit (22) Milk Choice 8oz &</p>	<p>25 Mini Burgers (2) IW Carrot Coins 1/2 c (9) Chef Treat WG 1gr Juice 100%- 4oz (15) Milk Choice 8oz &</p>	<p>26 Hot Dog on WG Bun (20) Carrots Cooked 1/2 C Baked Beans 1/2 c (22) Milk Choice 8oz =</p>

Carb Counts included in parenthesis () for each item

* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data
Milk Carbs:
Fat Free White Milk 1/2 Pint (Purple)(12)
Fat Free Chocolate Milk 1/2 Pint (Brown)(23)

*(V) indicates a vegetarian entree

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Snack n Waffle WG (41) Applesauce Cup 1/2 c (22) Milk Choice 8oz	2 Muffin 2g-WG Juice 100%- 4oz (15) Milk Choice 8oz	3 Benefit Breakfast Bar WG (48) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	4 Soft Filled Bread WG Banana 1 ea (34) Milk Choice 8oz	5 Jump Start Breakfast Kit (24) Milk Choice 8oz
8 Mini Blueberry Pancakes WG Applesauce Cup 1/2 c (22) Milk Choice 8oz	9 Cereal Bar WG (30) Juice 100%- 4oz (15) Milk Choice 8oz	10 Mini Cini -(Cold)WG (40) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	11 Soft WG Rounds Banana 1 ea (34) Milk Choice 8oz	12 Jump Start Breakfast Kit (24) Milk Choice 8oz
15 Breakfast Grains -Raspberry Applesauce Cup 1/2 c (22) Milk Choice 8oz	16 Muffin 2g-WG Juice 100%- 4oz (15) Milk Choice 8oz	17 Snack n Waffle WG (41) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	18 Soft Filled Bread WG Banana 1 ea (34) Milk Choice 8oz	19 Jump Start Breakfast Kit (24) Milk Choice 8oz
22 Cinn. Glaze Pancakes/Cold (35) Applesauce Cup 1/2 c (22) Milk Choice 8oz	23 Crunch Bar - WG Variety Juice 100%- 4oz (15) Milk Choice 8oz	24 Breakfast WholeGrain-Guava Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	25 Soft WG Rounds Banana 1 ea (34) Milk Choice 8oz	26 Jump Start Breakfast Kit (24) Milk Choice 8oz

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