



February 2018

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Thursday, January 25, 2018

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West Village Academy- Halal-Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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			1 Asian Chicken Bowl (HL) (13) Soy Sauce (0) Stir Fry Veggies 3/4 c (5) Fresh Fruit Mix (20) Fortune Cookie (8) Milk Choice 8oz	2 Cheese Pizza WG (V) (32) Romaine Salad 1c Sorbet Cup (23) Milk Choice 8oz
5 Mini Cini -(warm) (40) Diced Potatoes 1/2 c w/ket. (18) Yogurt 4 oz (16) Apple (19) Vegetable Juice 4 oz (13) Milk Choice 8oz Milk, Strawberry 8oz (20)	6 Chicken Patty w/Cheese HL Dill Pickle Chips (3) 1/4c Doritos Cool Ranch (RF) (19) Apple (19) Vegetable Juice 4 oz (13) Milk Choice 8oz	7 Chick Caesar Salad (HL)6oz (9) Carrots 1/4 c (3) Fresh Fruit Mix (20) Fritos WG (12) Dinner Roll WG IW (16) Milk Choice 8oz	8 Chicken Nachos (HL) Refried Beans & Cheese 1/2c (22) Tortilla Chips 1.75BR-WG Fresh Fruit Mix (20) Salsa 2oz (4) Milk Choice 8oz	9 Cheese Pizza WG (V) (32) Romaine Salad 1c Juice 100%- 4oz (15) Milk Choice 8oz
12 Swedish Meatballs (2ea)(HL) Mashed Potatoes 1/2 c (16) Carrots 1/4 c (3) Grapes 1/2 c (14) Dinner Roll WG IW (16) Milk Choice 8oz	13 BBQ Chicken pc 1 ea (HL) (20) Corn Bread Loaf WG IW (28) Baked Beans -Halal 1/2 C Apple (19) Vegetable Juice 4 oz (13) Milk Choice 8oz	14 Cheese Pizza WG (V) (32) Romaine Salad 1c Juice 100% Milk Choice 8oz	15 Chicken Pot Pie 6 oz (HL) Mashed Potatoes 1/2 c (16) Mandarin Oranges 1/2 c (13) Dinner Roll WG IW (16) Milk Choice 8oz	16 Turkey & Cheese Wrap (HL) WG Broccoli 1/4c (2) Dill Pickle Chips 1/2c Ranch Dip 1 Pkt (9) Banana 1 ea (34) Doritos (10) Milk Choice 8oz
19 * Closed *	20 * Closed *	21 Italian Sub w/let & pep (HL) Tortilla Chips 1.75BR-WG Bean & Cheese dip 1/4c Carrot Coins 1/2 c (9) Pineapple Tidbits 4 oz (20) Milk Choice 8oz	22 Pasta w/Meatball & mar. (HL) Mixed Veggies 1/2 c (12) Apple (19) Dinner Roll WG IW (16) Milk Choice 8oz	23 Cheese Pizza WG (V) (32) Spinach Rom Bean Salad 1c Grape Tomatoes 1/4 c (3) Chick Peas 1/4 c (20) Juice 100%- 4oz (15) Milk Choice 8oz
26 Cheese Quesidilla (V)(1) Creamy Tomato Soup 1/2c (10) Dill Pickle Chips 1/2c Apple (19) Milk Choice 8oz	27 Chicken Nachos (HL) Refried Beans & Cheese 1/2c (22) Tortilla Chips 1.75BR-WG Banana 1 ea (34) Salsa 2oz (4) Milk Choice 8oz	28 Pepperoni(Tky)& Moz Roll(HL) (21) Pizza Sauce Cup 2oz (7) Potato Salad 1/2 c (24) Carrots 1/4 c (3) Cheez -its WG (14) Orange (21) Milk Choice 8oz		

Carb Counts
included in
parenthesis ()
for each item

* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data

Milk Carbs:
 Fat Free White Milk 1/2 Pint (Purple)(12)
 Fat Free Chocolate Milk 1/2 Pint (Brown)(23)

*(V) indicates a vegetarian entree

This institution is an equal opportunity provider.