



# November 2017

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Monday, October 23, 2017

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## West Village Academy Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Grahams Minis WG (24) Banana 1 ea (34) Yogurt 4 oz (16) Juice 100%- 4oz (15) Milk Choice 8oz	<b>2</b> Lemon Crunch Bar (41) Juice 100%- 4oz (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	<b>3</b> Bagels Mini, Cinnamon Juice 100%- 4oz (15) Fresh Fruit (22) Milk Choice 8oz
<b>6</b> Trix Cereal (24) Applesauce Cup 4oz (22) Juice 100%- 4oz (15) Milk Choice 8oz	<b>7</b> * Closed *	<b>8</b> Scooby Doo Grahams (21) Banana 1 ea (34) Yogurt 4 oz (16) Juice 100%- 4oz (15) Milk Choice 8oz	<b>9</b> Mini Maple Waffle WG (35) Juice 100%- 4oz (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	<b>10</b> Corn Bread Loaf WG IW (28) Cheese Stick 1 oz (1) Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz
<b>13</b> Cinn. Toast Crunch Cereal(RS) (22) Applesauce Cup 4oz (22) Milk Choice 8oz	<b>14</b> Cinn Swirls WG Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz	<b>15</b> Scooby Doo Grahams (21) Banana 1 ea (34) Yogurt 4 oz (16) Juice 100%- 4oz (15) Milk Choice 8oz	<b>16</b> CoCoca Krispy Bar (27) Cheese Stick 1 oz (1) Juice 100%- 4oz (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	<b>17</b> Pillsbury Cherry Frudel Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz
<b>20</b> Kix Cereal (14) Applesauce Cup 4oz (22) Juice 100%- 4oz (15) Milk Choice 8oz	<b>21</b> * Closed *	<b>22</b> * Closed *	<b>23</b> **Happy Thanksgiving**	<b>24</b> * Closed *
<b>27</b> Jump Start Breakfast Kit (24) Applesauce Cup 4oz (22) Milk Choice 8oz	<b>28</b> Strawberry Muffin 3.2oz Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz	<b>29</b> Grahams Minis WG (24) Banana 1 ea (34) Yogurt 4 oz (16) Juice 100%- 4oz (15) Milk Choice 8oz	<b>30</b> Lemon Crunch Bar (41) Juice 100%- 4oz (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	

Carb Counts included in parenthesis ( ) for each item

\* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data

**Milk Carbs:**  
 Fat Free White Milk 1/2 Pint (Purple)(12)  
 Fat Free Chocolate Milk 1/2 Pint (Brown)(23)

**Halal Meals:**  
**The main entrée is also served Halal.** For menus that do not have a halal equivalent there will be a different **Halal entrée'.**

\*(V) indicates a vegetarian entree

This institution is an equal opportunity provider.