



May 2015

11:03:15 AM

Monday, April 20, 2015

5439 / 3389

West Village Academy - Halal-Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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				1 Cheese Pizza WG (V) (32) Spinach Blend Salad 1 c (8) Grape Tomatoes 1/4 c (3) Juice (15) Milk Choice (18)
4 Grilled Cheese Sandwich (V) (37) Creamy Tomato Soup 4 oz (10) Dill Pickle Spears 1/2 c (3) Apple (19) Milk Choice (18)	5 Nachos 2 oz w/chez (HL) Refried Beans 1/2 c & Cheese (22) Fresh Fruit Mix Salsa 2 oz (4) Milk Choice (18)	6 Chicken & Gravy (HL) Mashed Potatoes 1/2 c (16) Green Beans 1/4 c (2) Apple (19) Dinner Roll WG w/ Marg. (16) Milk Choice (18)	7 Chicken Caesar Wrap (HL) White Bean Potato Salad 1/2 c (24) Carrots 1/4 cup / pkg (4) Whole Grain Puff Chips (11) Orange (21) Milk Choice (18)	8 Cheese Pizza WG (V) (32) Rom. & Spinach Salad 1 c (11) Carrots 1/4 cup / pkg (4) Juice (15) Milk Choice (18)
11 Cheeseburger on WG Bun (HL) (33) Potato Wedge 1/2 c w/ketchup (17) Dill Pickle Spears 1/2 c (3) Apple (19) Milk Choice (18)	12 Asian Chicken Bowl (HL) Soy Sauce Brown Rice 1/2 c (29) Stir Fry Veggies 3/4 c Apple (19) Fortune Cookie Milk Choice (18)	13 Chicken Taco w/let.& chez(HL) Refried Beans 1/2 c & Cheese (22) Banana 1 ea (34) Baked Tostitos (19) Salsa 2 oz (4) Milk Choice (18)	14 Tky & cheese w/let on WG Bun (HL) Carrot Coins 1/2 c w/dip (10) Cucumber Slices 1/4 c (1) Whole Grain Puff Chips (11) Orange (21) Milk Choice (18)	15 Cheese Pizza WG (V) (32) Caesar Salad 1 c (4) Cucumber Slices 1/4 c (1) Chick Peas 1/4 c (20) Juice (15) Milk Choice (18)
18 Hot Dog on a WG bun (HL) Baked Beans -Halal Apple (19) Celery Sticks 1/4 c (1) Milk Choice (18)	19 Pasta w/Meat Sauce 6 oz (HL) Caesar Salad 1 c (4) Fresh Fruit Mix Garlic Bread 1/2 Slice (6) Milk Choice (18)	20 Teriyaki Chicken 2 oz (HL) Rice Pilaf WG 1/2c (25) Carrots 1/4 c Corn 1/2 c (16) Pineapple Tidbits 1/2 c (20) Milk Choice (18)	21 Cheese Pizza WG (V) (32) Garden Salad 1 c (17) Grape Tomatoes 1/4 c (3) Juice (15) Milk Choice (18)	22 * Closed *
25 * Closed *	26 Swedish Meatballs (2ea)(HL) Mashed Potatoes 1/2 c (16) Cucumber Slices 1/4 c (1) Craisins (28) WG Bread w/Marg. (15) Milk Choice (18)	27 Nachos 2 oz w/chez (HL) Refried Beans 1/2 c & Cheese (22) Fresh Fruit Mix Salsa 2 oz (4) Milk Choice (18)	28 Pepperoni(Tky)& Moz Roll(HL) (21) Pizza Sauce 2 oz (7) Celery Sticks 1/2 c & Dip (13) Fresh Fruit Mix Doritos (10) Milk Choice (18)	29 Cheese Pizza WG (V) (32) Rom. & Spinach Salad 1 c (11) Carrots 1/4 cup / pkg (4) Juice (15) Milk Choice (18)

New: Carb Counts included in parenthesis () for each item

* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data

*(V) indicates a vegetarian entree

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