



March 2018

11:28:28 AM
 Friday, March 2, 2018
 K-8 1
 8546 /

West Village Academy Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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			1 Mini Maple Waffle WG (35) Juice 100%- 4oz (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	2 *Snow Day*
5 Corn Bread Loaf 2oz IW (28) Cheese Stick 1 oz (1) Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz	6 Cinn. Toast Crunch Cereal(RS) (22) Applesauce Cup 4oz (22) Juice 100%- 4oz (15) Milk Choice 8oz	7 Cinnamon Swirls WG Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz	8 Scooby Doo Grahams WG (21) Banana 1 ea (34) Yogurt 4 oz (16) Juice 100%- 4oz (15) Milk Choice 8oz	9 CoCoo Krispy Bar (27) Cheese Stick 1 oz (1) Juice 100%- 4oz (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz
12 Kix Cereal (14) Grahams Minis WG (24) Applesauce Cup 4oz (22) Juice 100%- 4oz (15) Milk Choice 8oz	13 Blueberry Muffin 3.2oz Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz	14 Grahams Minis WG (24) Banana 1 ea (34) Yogurt 4 oz (16) Juice 100%- 4oz (15) Milk Choice 8oz	15 Bagel WG IW (29) Cream Cheese (1) Juice 100%- 4oz (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	16 Mini Blueberry Pancakes WG Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz
19 Cheerios WG Cereal (20) Applesauce Cup 4oz (22) Juice 100%- 4oz (15) Milk Choice 8oz	20 Strawberry Muffin 3.2oz Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz	21 Grahams Minis WG (24) Banana 1 ea (34) Yogurt 4 oz (16) Juice 100%- 4oz (15) Milk Choice 8oz	22 Lemon Crunch Bar WG (41) Juice 100%- 4oz (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	23 Goldfish Grahams WG (19) Cheerios Apple Cinn. Cereal (23) Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz
26 Cinn Chex Cereal (23) Applesauce Cup 4oz (22) Juice 100%- 4oz (15) Milk Choice 8oz	27 Crumb Cake Juice 100%- 4oz (15) Fresh Fruit (22) Milk Choice 8oz	28 Scooby Doo Grahams WG (21) Banana 1 ea (34) Yogurt 4 oz (16) Juice 100%- 4oz (15) Milk Choice 8oz	29 Mini Blueberry Waffle WG IW Juice 100%- 4oz (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	30 * Closed *

Carb Counts
 included in
 parenthesis ()
 for each item

* Carb counts are estimated
 based on nutrition labels from
 the manufacturer and USDA
 data

Milk Carbs:
 Fat Free White Milk 1/2 Pint
 (Purple)(12)
 Fat Free Chocolate Milk 1/2
 Pint (Brown)(23)

Halal Meals:
 The main entrée is also
 served Halal. For menus
 that do not have a halal equivalent
 there will be a different
 Halal entrée'.

*(V) indicates a vegetarian
 entree

This institution is an
 equal opportunity
 provider.



March 2018

12:04:14 PM

Friday, March 2, 2018

K-8 1

8595 /

West Village Academy- Halal-Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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			1 Chicken & Gravy (HL) Mashed Potatoes 1/2 c (16) Broccoli 1/4c (2) Ranch Dip 1 Pkt (9) Apple (19) Dinner Roll WG IW (16) Milk Choice 8oz	2 *Snow Day*
5 Mini Burgers on WG Bun (2) HL Spinach Salad 1c Sorbet Cup (23) Apple (19) Milk Choice 8oz	6 Asian Chicken Bowl (HL) (13) Soy Sauce (0) Stir Fry Veggies 3/4 c (5) Banana 1 ea (34) Fortune Cookie (8) Milk Choice 8oz	7 Tky & Chz w/let on WG Bun(HL) Carrot Coins 1/2 c (9) Hummus Dip 1/4c ER Grapes 1/2 c (14) Sun Chips WG (19) Milk Choice 8oz	8 Chk Taco w/let.& chez(HL) Refried Beans & Cheese 1/2c (22) Tortilla Chips 1.75BR-WG Banana 1 ea (34) Salsa 2oz (4) Milk Choice 8oz	9 Cheese Pizza WG (V) (32) Romaine Salad 1c Juice 100%- 4oz (15) Milk Choice 8oz
12 Hot Dog on a WG bun (HL) Baked Beans -Halal 1/2 C Celery Sticks 1/4 c (1) Orange (21) Milk Choice 8oz	13 Pasta w/Meatball & mar. (HL) Romaine Salad 1c Fresh Fruit Mix (20) Dinner Roll WG IW (16) Milk Choice 8oz	14 Chef Sld w/chk&Chz unt (HL) Carrot Coins 1/2 c w/dip (10) Banana 1 ea (34) Pretzels WG (23) Milk Choice 8oz #	15 Boneless Chick Wings (HL) 3oz Potato Wedge 1/2 c w/ketchup (17) Carrots 1/4 c (3) Betty Crocker Choc Bar WG (23) Juice 100%- 4oz (15) Milk Choice 8oz	16 Cheese Pizza WG (V) (32) Romaine Salad 1c Juice 100%- 4oz (15) Milk Choice 8oz
19 Mini Cini -(warm) (40) Diced Potatoes 3/4 c w/ket. (24) Yogurt 4 oz (16) Milk Choice 8oz Orange Juice 4 oz Milk, Strawberry 8oz (20)	20 Chicken Nachos (HL) Refried Beans & Cheese 1/2c (22) Tortilla Chips 1.75BR-WG Fresh Fruit Mix (20) Salsa 2oz (4) Milk Choice 8oz	21 Pepperoni(Tky)& Moz Roll(HL) (21) Pizza Sauce Cup 2oz (7) Carrot Coins 1/2 cup & Dip (10) Doritos Cool Ranch (RF) (19) Fresh Fruit Mix (20) Milk Choice 8oz	22 Chicken Patty w/Cheese HL Diced Potatoes 3/4 c w/ket. (24) Orange (21) Milk Choice 8oz	23 Cheese Pizza WG (V) (32) Spinach Blend Salad 1c (8) Juice 100%- 4oz (15) Milk Choice 8oz
26 Mini Burgers on WG Bun (2) HL Baked Beans -Halal 1/2 C Fresh Fruit Mix (20) Vegetable Juice 4oz (13) Milk Choice 8oz	27 Lasagna w/marinara (V) (28) Garden Salad 1 c (17) Grape Tomatoes 1/4 c (3) Tropical Fruit 1/2c (22) Dinner Roll WG IW (16) Milk Choice 8oz	28 Chicken Salad Crossiant (HL) Carrot Coins 1/2 c w/dip (10) Mandarin Oranges 1/2 c (13) Dinner Roll WG IW (16) Cheez -its WG (14) Milk Choice 8oz	29 Asian Chicken Bowl (HL) (13) Soy Sauce (0) Stir Fry Veggies 3/4 c (5) Fresh Fruit Mix (20) Fortune Cookie (8) Milk Choice 8oz	30 * Closed *

Carb Counts
included in
parenthesis ()
for each item

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Milk Carbs:
Fat Free White Milk 1/2 Pint (Purple)(12)
Fat Free Chocolate Milk 1/2 Pint (Brown)(23)

*(V) indicates a vegetarian entree

This institution is an equal opportunity provider.



March 2018

12:04:37 PM
Friday, March 2, 2018
K-8 1

West Village Academy Lunch

8594 /

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Turkey & Gravy 4 oz (3) Mashed Potatoes 1/2 c (16) Broccoli 1/4c (2) Ranch Dip 1 Pkt (9) Apple (19) Dinner Roll WG IW (16) Milk Choice 8oz	2 *Snow Day*
5 Mini Burgers on WG Bun (2) Spinach Salad 1c Sorbet Cup (23) Apple (19) Milk Choice 8oz	6 Asian Chicken Bowl (13) Soy Sauce (0) Stir Fry Veggies 3/4 c (5) Banana 1 ea (34) Fortune Cookie (8) Milk Choice 8oz	7 Tky & Cheese w/let on WG Bun (31) Carrot Coins 1/2 c (9) Hummus Dip 1/4c ER Grapes 1/2 c (14) Sun Chips WG (19) Milk Choice 8oz	8 Chk Soft Taco w/Let & chez (17) Refried Beans & Cheese 1/2c (22) Tortilla Chips 1.75BR-WG Banana 1 ea (34) Salsa 2oz (4) Milk Choice 8oz	9 Cheese Pizza WG (V) (32) Romaine Salad 1c Juice 100%- 4oz (15) Milk Choice 8oz
12 Corn Dog (1) Baked Beans 1/2 c (22) Celery Sticks 1/4 c (1) Orange (21) Milk Choice 8oz	13 Pasta w/meatballs (5) & sauce Romaine Salad 1c Fresh Fruit Mix (20) Dinner Roll WG IW (16) Milk Choice 8oz	14 Chef Salad w/chicken & Chz Carrot Coins 1/2 c w/dip (10) Banana 1 ea (34) Pretzels WG (23) Milk Choice 8oz #	15 Boneless Chicken Wings 3ea Potato Wedge 1/2 c w/ketchup (17) Carrots 1/4 c (3) Betty Crocker Choc Bar WG (23) Juice 100%- 4oz (15) Milk Choice 8oz	16 Cheese Pizza WG (V) (32) Romaine Salad 1c Juice 100%- 4oz (15) Milk Choice 8oz
19 Mini Cini -(warm) (40) Diced Potatoes 3/4 c w/ket. (24) Yogurt 4 oz (16) Milk Choice 8oz Orange Juice 4 oz Milk, Strawberry 8oz (20)	20 Tky Nachos w/cheese (20) Refried Beans & Cheese 1/2c (22) Tortilla Chips 1.75BR-WG Fresh Fruit Mix (20) Salsa 2oz (4) Milk Choice 8oz	21 Pepperoni(Tky) & Moz Roll WG (21) Pizza Sauce Cup 2oz (7) Carrot Coins 1/2 c (9) Doritos Cool Ranch (RF) (19) Fresh Fruit Mix (20) Milk Choice 8oz	22 Chicken Patty w/Chz WG bun (42) Diced Potatoes 3/4 c w/ket. (24) Orange (21) Milk Choice 8oz	23 Cheese Pizza WG (V) (32) Spinach Blend Salad 1c (8) Juice 100%- 4oz (15) Milk Choice 8oz
26 Mini Burgers on WG Bun (2) Baked Beans 1/2 c (22) Fresh Fruit Mix (20) Vegetable Juice 4oz (13) Milk Choice 8oz	27 Lasagna w/marinara (V) (28) Garden Salad 1 c (17) Grape Tomatoes 1/4 c (3) Tropical Fruit 1/2c (22) Dinner Roll WG IW (16) Milk Choice 8oz	28 Chicken Salad Crossiant WG Carrot Coins 1/2 c w/dip (10) Mandarin Oranges 1/2 c (13) Cheez -its WG (14) Milk Choice 8oz	29 Asian Chicken Bowl (13) Soy Sauce (0) Stir Fry Veggies 3/4 c (5) Fresh Fruit Mix (20) Fortune Cookie (8) Milk Choice 8oz	30 * Closed *

Carb Counts included in parenthesis () for each item

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Milk Carbs:

Fat Free White Milk 1/2 Pint (Purple)(12)
 Fat Free Chocolate Milk 1/2 Pint (Brown)(23)
 1% White Milk 1/2 Pint (Green)(12)

Halal Meals:

The main entrée is also served Halal. For menus that do not have a halal equivalent there will be a different Halal entrée'.

*(V) indicates a vegetarian entree

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March 2018

12:09:41 PM
 Friday, March 2, 2018
 K-8 2
 8550 /

West Village Academy Supper

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Turkey & Cheese Roll up (30) Red & Green Pepper 1/2 Cup IW (21) Pear (26) Cheez -its WG (14) Milk Choice 8oz &	2 *Snow Day*
5 Tky Ham & Chz on Thin Bun WG Mini Cucumber 3/4 IW (0) Yogurt 4 oz (16) Orange (21) Milk Choice 8oz &	6 Cheese Pizza WG (V) (32) Romaine Salad 1c IW Juice 100%- 4oz (15) Milk Choice 8oz	7 Grilled Chicken 3oz Hard Boiled Egg (1) BBQ Dip Cup (5) Mini Cucumber (1) Dinner Roll WG IW (16) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz #	8 Turkey & Cheese Wrap WG (19) Grahams Minis WG (24) Dill Pickle Chips(4) 1/2c IW (0) Orange (21) Milk Choice 8oz &	9 Pastrami(Tky) & Chz on WG Bun Potato Salad 1/2c IW (24) Pineapple Tidbits 4 oz (20) Milk Choice 8oz &
12 Sesame Chicken Noodle Salad Zucchini Coins 1/2c Ranch Dip 1 Pkt (9) Pineapple Tidbits 4 oz (20) Milk Choice 8oz #	13 Cheese Pizza WG (V) (32) Romaine Salad 1c IW Juice 100%- 4oz (15) Milk Choice 8oz	14 Build Your Own Pizza WG Garden Salad 1 c (17) Apple (19) Milk Choice 8oz #	15 Chicken Ranch Wrap WG (44) Mini Cucumber 3/4 IW (0) Cheez -its WG (14) Orange (21) Milk Choice 8oz &	16 Mini Blueberry Pancakes WG Cheese Stick 1 oz (1) Applesauce Cup 4oz (22) Yogurt 4 oz (16) Vegetable Juice 4oz (13) Milk Choice 8oz &
19 Chicken Salad 3oz. Pita Mini (3) WG Juice Box 4oz Carrots 1/2 c (9) Ranch Lite Dip Cup 1oz Milk Choice 8oz #	20 Cheese Pizza WG (V) (32) Romaine Salad 1c IW Juice 100%- 4oz (15) Milk Choice 8oz	21 Chicken Taco Salad 6oz (33) Tortilla Chips 1.75BR-WG Ranch Lite Dip Cup 1oz Melon 1/2 c (14) Milk Choice 8oz #	22 Pastrami & Cheese Wrap WG Applesauce Cup 4oz (22) Dill Pickle Chips(4) 1/2c IW (0) Sun Chips WG (19) Milk Choice 8oz &	23 Turkey & Cheese on WG Bun (22) Potato Salad 1/2c IW (24) Grapes 1/2 c IW (14) Milk Choice 8oz &
26 Pepperoni(Tky) & Moz Roll WG (21) Pizza Sauce Cup 2oz (7) Carrot Coins 1/2 c (9) Apple Slices 1pkg 1/2c (7) Sun Chips WG (19) Milk Choice 8oz &	27 Cheese Pizza WG (V) (32) Romaine Salad 1c IW Juice 100%- 4oz (15) Milk Choice 8oz	28 Ranch Chckn Pasta Sal WG 6oz Grape Tomatoes (5) 1/2 c (4) Mandarin Oranges 1/2 c (13) Milk Choice 8oz #	29 Chicken Caesar Wrap WG (21) Red & Green Pepper 1/2 Cup IW (21) Pear (26) Cheez -its WG (14) Milk Choice 8oz &	30 * Closed *

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Milk Carbs:
 Fat Free White Milk 1/2 Pint
 (Purple)(12)
 Fat Free Chocolate Milk 1/2
 Pint (Brown)(23)

*(V) indicates a vegetarian
 entree

This institution is an
 equal opportunity
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March 2018

12:10:40 PM
 Friday, March 2, 2018
 K-8 2
 8549 /

West Village Academy Supper- Halal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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			1 Chicken Caesar Wrap (HL) WG Red & Green Pepper 1/2 Cup IW (21) Pear (26) Cheez -its WG (14) Milk Choice 8oz &	2 *Snow Day*
5 Tky Ham & Chz on Thin Bun WG Mini Cucumber 3/4 IW (0) Yogurt 4 oz (16) Orange (21) Milk Choice 8oz &	6 Cheese Pizza WG (V) (32) Romaine Salad 1c IW Juice 100%- 4oz (15) Milk Choice 8oz	7 Grilled Chk Slices 2 oz (HL) Hard Boiled Egg (1) BBQ Dip Cup (5) Mini Cucumber (1) Dinner Roll WG IW (16) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz #	8 Turkey & Cheese Wrap (HL) WG Grahams Minis WG (24) Dill Pickle Chips(4) 1/2c IW (0) Orange (21) Milk Choice 8oz &	9 Halal Meat & Cheese WG Bun (HL) Potato Salad 1/2c IW (24) Pineapple Tidbits 4 oz (20) Milk Choice 8oz &
12 Sesame Chick Noodle Salad HL Zucchini Coins 1/2c Ranch Dip 1 Pkt (9) Pineapple Tidbits 4 oz (20) Milk Choice 8oz #	13 Cheese Pizza WG (V) (32) Romaine Salad 1c IW Juice 100%- 4oz (15) Milk Choice 8oz	14 Build your own pizza (HL) Garden Salad 1 c (17) Apple (19) Milk Choice 8oz #	15 Halal Meat & Cheese Wrap (HL) Mini Cucumber 3/4 IW (0) Orange (21) Cheez -its WG (14) Milk Choice 8oz &	16 Mini Blueberry Pancakes WG Cheese Stick 1 oz (1) Applesauce Cup 4oz (22) Yogurt 4 oz (16) Vegetable Juice 4oz (13) Milk Choice 8oz &
19 Chicken Salad (HL) 3 oz Pita Mini (3) WG Juice Box 4oz Carrots 1/2 c (9) Ranch Lite Dip Cup 1oz Milk Choice 8oz #	20 Cheese Pizza WG (V) (32) Romaine Salad 1c IW Juice 100%- 4oz (15) Milk Choice 8oz	21 Chick Taco Salad (HL) 6oz Tortilla Chips 1.75BR-WG Ranch Lite Dip Cup 1oz Melon 1/2 c (14) Milk Choice 8oz #	22 Halal Meat & Cheese Wrap (HL) Dill Pickle Chips(4) 1/2c IW (0) Applesauce Cup 4oz (22) Sun Chips WG (19) Milk Choice 8oz &	23 Tky & Cheese on WG Bun (HL) Potato Salad 1/2c IW (24) Grapes 1/2 c IW (14) Milk Choice 8oz &
26 Pepperoni(Tky)& Moz Roll(HL) (21) Pizza Sauce Cup 2oz (7) Carrot Coins 1/2 c (9) Apple Slices 1pkg 1/2c (7) Sun Chips WG (19) Milk Choice 8oz &	27 Cheese Pizza WG (V) (32) Romaine Salad 1c IW Juice 100%- 4oz (15) Milk Choice 8oz	28 Ranch Chik PastaSal (HL) Grape Tomatoes (5) 1/2 c (4) Mandarin Oranges 1/2 c (13) Milk Choice 8oz #	29 Chicken Caesar Wrap (HL) WG Red & Green Pepper 1/2 Cup IW (21) Pear (26) Cheez -its WG (14) Milk Choice 8oz &	30 * Closed *

Carb Counts
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 parenthesis ()
 for each item

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 based on nutrition labels from
 the manufacturer and USDA
 data

Milk Carbs:
 Fat Free White Milk 1/2 Pint
 (Purple)(12)
 Fat Free Chocolate Milk 1/2
 Pint (Brown)(23)

*(V) indicates a vegetarian
 entree

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