



May 2018

Tuesday, April 17, 2018

11:23:33 AM

West Village Academy Breakfast

8712

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cinnamon Swirls WG Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz	2 Scooby Doo Grahams WG (21) Banana 1 ea (34) Yogurt 4 oz (16) Juice 100%- 4oz (15) Milk Choice 8oz	3 CoCoa Krispy Bar (27) Cheese Stick 1 oz (1) Juice 100%- 4oz (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	4 Pillsbury Cherry Frudel Juice 100%- 4oz (15) Fresh Fruit (22) Milk Choice 8oz
7 Kix Cereal (14) Grahams Minis WG (24) Applesauce Cup 4oz (22) Juice 100%- 4oz (15) Milk Choice 8oz	8 Blueberry Muffin 3.2oz Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz	9 Oatmeal Strawberry Bar (24) Banana 1 ea (34) Yogurt 4 oz (16) Juice 100%- 4oz (15) Milk Choice 8oz	10 Bagel WG IW (29) Cream Cheese (1) Juice 100%- 4oz (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	11 Mini Blueberry Pancakes WG Juice 100%- 4oz (15) Fresh Fruit (22) Milk Choice 8oz
14 Cheerios WG Cereal (20) Applesauce Cup 4oz (22) Juice 100%- 4oz (15) Milk Choice 8oz	15 Strawberry Muffin 3.2oz Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz	16 Grahams Minis WG (24) Banana 1 ea (34) Yogurt 4 oz (16) Juice 100%- 4oz (15) Milk Choice 8oz	17 Lemon Crunch Bar WG (41) Juice 100%- 4oz (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	18 Cheerios Apple Cinn. Cereal (23) Goldfish Grahams WG (19) Juice 100%- 4oz (15) Fresh Fruit (22) Milk Choice 8oz
21 Cinn Chex Cereal (23) Applesauce Cup 4oz (22) Juice 100%- 4oz (15) Milk Choice 8oz	22 Crumb Cake Juice 100%- 4oz (15) Fresh Fruit (22) Milk Choice 8oz	23 Oatmeal Strawberry Bar (24) Banana 1 ea (34) Yogurt 4 oz (16) Juice 100%- 4oz (15) Milk Choice 8oz	24 Mini Blueberry Waffle WG IW Juice 100%- 4oz (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	25 * Closed *
28 * Closed *	29 Jump Start Breakfast Kit (24) Applesauce Cup 4oz (22) Milk Choice 8oz	30 Scooby Doo Grahams WG (21) Banana 1 ea (34) Yogurt 4 oz (16) Juice 100%- 4oz (15) Milk Choice 8oz	31 Trix Cereal Bar (30) Cheese Stick 1 oz (1) Juice 100%- 4oz (15) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	

New: Carb Counts included in parenthesis () for each item

* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data

Milk Choice Carbs:

Chocolate Fat Free (24)
 White Fat Free (12)

Halal Meals:

The main entrée is also served Halal. For menus that do not have a halal equivalent there will be a different 'Halal entrée'.

All meals include: Milk, fruits and vegetables, bread or bread equivalent, meat or meat equivalent

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May 2018

Tuesday, April 17, 2018

11:20:46 AM

West Village Academy- Halal-Lunch

8739

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Asian Chicken Bowl (HL) (13) Soy Sauce (0) Stir Fry Veggies 3/4 c (5) Banana 1 ea (34) Fortune Cookie (8) Milk Choice 8oz	2 Tky & Chz w/let on WG Bun(HL) Carrot Coins 1/2 c (9) Hummus Dip 1/4c ER (10) Grapes 1/2 c (14) Sun Chips WG (19) Milk Choice 8oz	3 Chk Taco w/let.& chez(HL) Tortilla Chips 1.75BR-WG (27) Refried Beans & Cheese 1/2c (80) Banana 1 ea (34) Salsa 2oz (4) Milk Choice 8oz	4 Cheese Pizza WG (V) (32) Romaine Salad 1c Juice 100%- 4oz (15) Milk Choice 8oz
7 Hot Dog on a WG bun (HL) Baked Beans -Halal 1/2 C (22) Celery Sticks 1/4 c (1) Orange (21) Milk Choice 8oz	8 Pasta w/Meatball & mar. (HL) (41) Romaine Salad 1c Fresh Fruit Mix (20) Dinner Roll WG IW (16) Milk Choice 8oz	9 Chef Sld w/chk&Chz unt (HL) Carrot Coins 1/2 c w/dip (10) Banana 1 ea (34) Pretzels WG (23) Milk Choice 8oz #	10 Boneless Chick Wings (HL) 3oz Potato Wedge 1/2 c w/ketchup (17) Carrots 1/4 c (3) Betty Crocker Choc Bar WG (23) Juice 100%- 4oz (15) Milk Choice 8oz	11 Cheese Pizza WG (V) (32) Romaine Salad 1c Juice 100%- 4oz (15) Milk Choice 8oz
14 Mini Cini -(warm) (40) Diced Potatoes 3/4 c w/wet. (24) Yogurt 4 oz (16) Milk Choice 8oz Orange Juice 4 oz (13) Milk, Strawberry 8oz (20)	15 Chicken Nachos (HL) Refried Beans & Cheese 1/2c (80) Tortilla Chips 1.75BR-WG (27) Fresh Fruit Mix (20) Salsa 2oz (4) Milk Choice 8oz	16 Pepperoni(Tky)& Moz Roll(HL) (21) Pizza Sauce Cup 2oz (7) Carrot Coins 1/2 cup & Dip (10) Doritos Cool Ranch (RF) (19) Fresh Fruit Mix (20) Milk Choice 8oz	17 Chicken Patty w/Cheese HL Diced Potatoes 3/4 c w/wet. (24) Orange (21) Milk Choice 8oz	18 Cheese Pizza WG (V) (32) Spinach Blend Salad 1c (8) Juice 100%- 4oz (15) Milk Choice 8oz
21 Mini Burgers (2) on WG Bun HL (22) Baked Beans -Halal 1/2 C (22) Fresh Fruit Mix (20) Vegetable Juice 4oz (13) Milk Choice 8oz	22 Lasagna w/marinara (V) (28) Garden Salad 1 c (17) Grape Tomatoes 1/4 c (3) Tropical Fruit 1/2c (22) Dinner Roll WG IW (16) Milk Choice 8oz	23 Chicken Salad Crossiant (HL) Carrot Coins 1/2 c w/dip (10) Mandarin Oranges 1/2 c (13) Cheez -its WG (14) Milk Choice 8oz	24 Cheese Pizza WG (V) (32) Romaine Salad 1c Sorbet Cup (23) Milk Choice 8oz	25 * Closed *
28 * Closed *	29 Chicken Patty w/Cheese HL Dill Pickle Chips (3) 1/4c Doritos Cool Ranch (RF) (19) Apple (19) Vegetable Juice 4oz (13) Milk Choice 8oz	30 Chick Caesar Salad (HL)6oz (9) Carrots 1/4 c (3) Fresh Fruit Mix (20) Fritos WG (12) Dinner Roll WG IW (16) Milk Choice 8oz	31 Chicken Nachos (HL) Tortilla Chips 1.75BR-WG (27) Refried Beans & Cheese 1/2c (80) Fresh Fruit Mix (20) Salsa 2oz (4) Milk Choice 8oz	

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May 2018

West Village Academy Lunch

Tuesday, April 17, 2018

11:20:48 AM

8738

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>Asian Chicken Bowl (13) Soy Sauce (0) Stir Fry Veggies 3/4 c (5) Banana 1 ea (34) Fortune Cookie (8) Milk Choice 8oz</p>	<p>2</p> <p>Tky & Cheese w/let on WG Bun (31) Carrot Coins 1/2 c (9) Hummus Dip 1/4c ER (10) Grapes 1/2 c (14) Sun Chips WG (19) Milk Choice 8oz</p>	<p>3</p> <p>Chk Soft Taco w/Let & chez (17) Tortilla Chips 1.75BR-WG (27) Refried Beans & Cheese 1/2c (80) Banana 1 ea (34) Salsa 2oz (4) Milk Choice 8oz</p>	<p>4</p> <p>Cheese Pizza WG (V) (32) Romaine Salad 1c Juice 100%- 4oz (15) Milk Choice 8oz</p>
<p>7</p> <p>Corn Dog (1) Baked Beans 1/2 c (22) Celery Sticks 1/4 c (1) Orange (21) Milk Choice 8oz</p>	<p>8</p> <p>Pasta w/meatballs (5) & sauce Romaine Salad 1c Fresh Fruit Mix (20) Dinner Roll WG IW (16) Milk Choice 8oz</p>	<p>9</p> <p>Chef Salad w/chicken & Chz Romaine Salad 1c Banana 1 ea (34) Pretzels WG (23) Milk Choice 8oz #</p>	<p>10</p> <p>Boneless Chicken Wings 3ea Potato Wedge 1/2 c w/ketchup (17) Carrots 1/4 c (3) Betty Crocker Choc Bar WG (23) Juice 100%- 4oz (15) Milk Choice 8oz</p>	<p>11</p> <p>Cheese Pizza WG (V) (32) Romaine Salad 1c Juice 100%- 4oz (15) Milk Choice 8oz</p>
<p>14</p> <p>Mini Cini -(warm) (40) Diced Potatoes 3/4 c w/wet. (24) Yogurt 4 oz (16) Milk Choice 8oz Orange Juice 4 oz (13) Milk, Strawberry 8oz (20)</p>	<p>15</p> <p>Tky Nachos w/cheese (20) Refried Beans & Cheese 1/2c (80) Tortilla Chips 1.75BR-WG (27) Fresh Fruit Mix (20) Salsa 2oz (4) Milk Choice 8oz</p>	<p>16</p> <p>Pepperoni(Tky) & Moz Roll WG (21) Pizza Sauce Cup 2oz (7) Carrot Coins 1/2 c (9) Doritos Cool Ranch (RF) (19) Fresh Fruit Mix (20) Milk Choice 8oz</p>	<p>17</p> <p>Chicken Patty w/Chz WG bun (42) Diced Potatoes 3/4 c w/wet. (24) Orange (21) Milk Choice 8oz</p>	<p>18</p> <p>Cheese Pizza WG (V) (32) Spinach Blend Salad 1c (8) Juice 100%- 4oz (15) Milk Choice 8oz</p>
<p>21</p> <p>Mini Burgers (2) on WG Bun (22) Baked Beans 1/2 c (22) Fresh Fruit Mix (20) Vegetable Juice 4oz (13) Milk Choice 8oz</p>	<p>22</p> <p>Lasagna w/marinara (V) (28) Garden Salad 1 c (17) Grape Tomatoes 1/4 c (3) Tropical Fruit 1/2c (22) Dinner Roll WG IW (16) Milk Choice 8oz</p>	<p>23</p> <p>Chicken Salad Crosssiant WG Carrot Coins 1/2 c w/dip (10) Mandarin Oranges 1/2 c (13) Cheez -its WG (14) Milk Choice 8oz</p>	<p>24</p> <p>Cheese Pizza WG (V) (32) Romaine Salad 1c Sorbet Cup (23) Milk Choice 8oz</p>	<p>25</p> <p>* Closed *</p>
<p>28</p> <p>* Closed *</p>	<p>29</p> <p>Chicken Patty w/Chz WG bun (42) Dill Pickle Chips (3) 1/4c Doritos Cool Ranch (RF) (19) Apple (19) Vegetable Juice 4oz (13) Milk Choice 8oz</p>	<p>30</p> <p>Chicken 2oz Caesar Salad 1c (9) Carrots 1/4 c (3) Fresh Fruit Mix (20) Fritos WG (12) Dinner Roll WG IW (16) Milk Choice 8oz</p>	<p>31</p> <p>Tky Nachos w/cheese (20) Refried Beans & Cheese 1/2c (80) Tortilla Chips 1.75BR-WG (27) Fresh Fruit Mix (20) Salsa 2oz (4) Milk Choice 8oz</p>	

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